



## Who can participate?

Adolescents who are 12-17 years old with a diagnosis of neurofibromatosis type 1 (NF1), neurofibromatosis type 2 (NF2), or schwannomatosis.

## What does it involve?

Participating in 8 virtual group sessions (45 minutes) once a week over Zoom, which are led by a **Harvard/ MGH** clinical psychologist and expert in NF.

Completing questionnaires at the beginning and end of the program as well 6 and 12 months after.

*\*No costs, no medication, and no travel.*

## Join an NF community

Virtually meet a group of teenagers who have NF from around the world!



*Does your teen have*

## NEUROFIBROMATOSIS?

Are their symptoms hard to manage, stressful, or bothersome? Could they be coping better with stress or anxiety?

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## ONLINE HARVARD STUDY

Learn stress and symptom management skills, earn \$30 for participating, and help advance scientific research!

## Want to learn more?

Email the study coordinator, Millan Kanaya ([mkanaya@mgh.harvard.edu](mailto:mkanaya@mgh.harvard.edu)) or the study PI, Dr. Ana-Maria Vranceanu ([avranceanu@mgh.harvard.edu](mailto:avranceanu@mgh.harvard.edu)).

**SCAN THE QR  
CODE FOR  
MORE INFO!**

